

# Snapshot of School Food Programmes

Each of the Government funded programmes have different offerings, eligibility criteria and nutritional value.

## Ka Ora, Ka Ako (Meal - Lunch)

Ministry of Education



Ka Ora, Ka Ako provides a nutritious lunch to all students in eligible schools.

### Supports:

27.3% of students in 40% of schools | kura  
All school year groups (Years 1-15)

### Criteria:

Targeted to students in schools/kura facing the greatest socio-economic barriers to school achievement, as determined by the Equity Index.

### Impact:

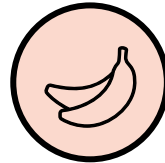
Supports child development, health, wellbeing and removes barriers to participation and achievement in education.

### Distribution:

Food is prepared or delivered daily by external businesses or employed lunch staff in schools.

## Fruit in Schools (Snack)

Health NZ



Fruit & Vegetables in Schools provides daily fresh fruit and vegetables to all students in eligible schools.

### Supports:

25% of learners  
Primary schools only (Years 1 to 6)

### Criteria:

Targeted to low decile Primary Schools and provided to intermediate

### Impact:

Access to fresh fruit and vegetables for learners and promotes a healthy food environment in schools.

### Distribution:

Food is delivered 2-3 times per week and distributed by schools.

## KickStart Breakfast (Meal - Breakfast)

Ministry of Social Development | Sanitarium | Fonterra



Kickstart Breakfast offers Weetbix and UHT milk to participating learners.

### Supports:

1,300 schools (51%)  
All school year groups (Years 1-15)

### Criteria:

Not targeted. Schools are required to have suitable space to provide breakfast and store 6 months of Weetbix and UHT milk and volunteers to administer.

### Impact:

Providing a nutritious breakfast to fuel learners at the beginning of a school day.

### Distribution:

Food is delivered twice a year and distributed by volunteers.

## KidsCan (As Needed)

KidsCan (NGO) with support from charitable donations



KidsCan offer shelf-stable foods (pasta, soup, muesli bars, baked beans) for 30% of total roll in eligible schools.

### Supports:

32% of schools  
Schools can order food for 30% of their school roll across all school year groups (Years 1-15). Also provides to ECE

### Criteria:

Targeted to low decile Primary, Intermediate and Secondary Schools and ECEs (Equity Index 1-4 with a community-based authority).

### Impact:

Providing food to students identified as most in need by their schools | kura, to help them participate in learning.

### Distribution:

Food is ordered and delivered once per term and schools store, heat and distribute