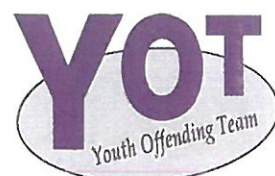


NO REGRETS SAFE PARTY PACK

Parties can be fun, exciting and a great way for young people to relax and enjoy themselves. Sometimes parties get out of hand and become unsafe.

By being organized and following a few simple tips you can host a party that is enjoyable and safe.

The 'No Regrets' Safe Party Pack has been produced to provide parents and young people with information that will encourage them to organize and enjoy a trouble free party.



Teenagers drink for the same reason adults do - to relax and wind down, for confidence when socializing or for the buzz. However adolescence is also a time of risk-taking and experimentation.

Whatever the reason, chances are high that your teenager will be involved with alcohol. Helping them deal with it is your job - part of being a parent. Your advice and support is critical even though it may not always be welcomed.

For more information refer to 'alcohol, your kids, and you' in this pack.



Will alcohol be involved.....

If yes - how much.....

What kind.....

Who's providing it.....

What's the situation with alcohol brought in by other teenagers.....

Who will serve the drinks?.....

What other drinks and food will be available - make a list:

.....

.....

If there's going to be drinking, always make sure there's food. Eating slows down the absorption of alcohol. Have plenty of 'real' food (pizza, sausage rolls, hot chips) available - not just chips and nuts.

Give guest alternatives by making non-alcoholic drinks just as easy to get as alcoholic ones - juice, soft drinks, water. "A good feed really takes the edge off a thirst".

Adult supervision is critical - your involvement needs to be visible, but not intrusive. You may ask that all guests come through the front door first so you know who is there. Even if you don't stay in the same room all the time, young people will be safer if adults are moving through the party regularly. Serving food achieves this effortlessly.

How will adult supervision be provided?

Who:

What time will the party finish?

How will guests get home?

Will some people be staying over? Yes/No If yes how many?

How will you handle gate crashers?

Handling Gatecrashers – ask a friend to help you deal with uninvited guests. Hiring security staff is also an option. Experience suggests it needs more than two adults to supervise a party of twenty people.

Calling “Time” – fix a finish time and stick to it. Get the adults to work together to wind things up – perhaps have them come a set time to pick their kids up. Clearing away bottles and cans, empty or full, usually works. If there's no more booze, there's no more drinking.



Nothing gets done without a bit of thinking ahead. Safe parties don't just happen. You and your teenager need to work together and lay out some ground-rules.

Host and The Law

Under 18-year-olds can drink alcohol in a private home or at a private function. It is legal for an adult host to provide liquor free of charge for this purpose.

Under 18-year-olds can bring liquor to your party so long as it was given to them by their parent or legal guardian. It is illegal for them to buy booze or get another adult to buy it for them in return for payment.

Note – a parent or legal guardian does not include anyone else acting temporarily in the place of a parent. Nor does it include other family members such as aunts, uncles, older brothers and sisters, older boyfriends or girlfriends, older husbands or wives, teachers or sports coaches.

Teenagers And The Liquor Laws

People under 18 without their parents or guardian can:
Drink at home or at other private gatherings.



If they're with their parent or guardian teenagers under 18 can:
Go into supervised areas of bars and pubs. Most bars have them, but to be sure, it pays to check the license.

18 is the minimum legal purchase age. To go into pubs or bars young people need to be able to show photographic proof of their age. That can be:

A New Zealand or overseas passport.

A Photographic New Zealand driver's licence.

The 18+ card distributed by HANZ (the Hospitality Association of New Zealand).

People under 18 without their parents or guardian CAN'T

Go into pubs and bars – up to \$200 fine.

Drink in a public place – up to \$200 fine

Buy alcohol or get an adult to buy it for them – \$200-\$2,000 fine for both.

Carry a fake ID or use someone else's - \$2,000 fine and the risk of being arrested for FRAUD. Not a good look on your CV.

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- ✓ What Parents need to know when planning a party'
- ✓ What young people need to know when planning a party'
- ✓ Police 'Party; registration form
- ✓ "Party at your place" planner.
- ✓ Hosts and the Law
- ✓ Young People and the Liquor Laws
- ✓ Set Alcohol Grounds Rules
- ✓ Where to go for help
- ✓ Useful resources-



Drink Check

New Zealand and it's drinking culture

Sobering Facts - Serving 1

Smart moves - Serving 2

For further information about the 'No Regrets' Safe Party Packs or to obtain further copies of the 'Party Pak' please contact:

Police Youth Aid, Palmerston North 06 351 3600 or Feilding 06 323 6363



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SAFE PARTY PACK

What parents need to know when planning a party...

- ✓ Plan the party with your teenager
- ✓ Register the party with the police 7 days prior to the event
- ✓ Plan to be there yourself and invite parent helpers
- ✓ Invite a limited number of guests by invitation only
- ✓ Ensure that the party details are not posted on the internet or notice board
- ✓ Set ground rules
- ✓ Inform your neighbours
- ✓ Consider transport home for your guests, have taxi and bus details handy
- ✓ Be aware that it is an offence to serve or provide alcohol to anyone who is under 18 years of age
- ✓ Confiscate BYO alcohol from under 18's (return alcohol the next day or to their parents)
- ✓ Thefts do occur, consider storage of valuables
- ✓ Be aware of when to contact police if problems arise eg. gate crashers, intoxicated guests



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SAFE PARTY PACK

What young people need to know for a party...

- ✓ Have parent helpers
- ✓ Supervise arrival and departure of guests
- ✓ Have one main entry and exit point to the party
- ✓ Watch out for uninvited guests / gate crashers
- ✓ Close off rooms you do not want guests to use
- ✓ Allocate a lockable room for valuables
- ✓ Provide plenty of food and non-alcoholic drinks
- ✓ Supervise responsible serving of alcohol for over 18's
- ✓ Ensure under 18's do not have access to alcohol
- ✓ Confiscate BYO alcohol from under 18's (return alcohol the next day or to their parents)
- ✓ Be aware of signs and symptoms of drug use and alcohol intoxication of guests
- ✓ Monitor noise level
- ✓ Have emergency numbers handy
- ✓ Call police before a situation gets out of hand



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SAFE PARTY PACK REGISTRATION FORM

Please lodge this form at your nearest police station at least 7 days prior to event.

Date lodged: / /

Name:

Address:

Phone Home: Mobile:

Email:

Party Information:

Date:

Start time: Finish time:

Location:

Type of premises (hall, house, unit etc):

Contact name at party:

Contact persons phone (m):

Type of party (21st, 18th etc):

Expected number of guests:

General Information:

How have your guests been invited (eg invitation, internet)?

What is the average age of your guests?

Will there be parental supervision at the party?

If yes, how many parents will be attending?

Is there likely to be alcohol at the party?

Have you notified your neighbours? yes no

Have you any concerns?

How did you find out about the pack? Website/Police Station/Media/

Other:



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Set Alcohol Ground-Rule

Having ground-rules helps both teenagers and parents. 😊

- 🗣️ Spell them out and discuss why they're important
- 😊 Be reasonable. Being too strict or too easy – going doesn't work.
- 🗣️ Decide together what should happen when rules are broken, such as grounding, loss of privileges, extra chores.
- 🗣️ Follow through and apply the consequences otherwise your ground-rules will have no value
- 😊 Both parents need to agree on and stick to the same rules – particularly if they're not living together. If your partner or ex won't support you, get other family members or friends to help.

Know what's going on in your teenager's life

Teenagers sometimes use alcohol to blot out problems.

Know who their friends are and where your teenager is Talk with your children.

Focus on positives and support them in their interests.

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Where to go for help

Alcohol, your kids and you – A guide for parents page 12

New Zealand Police – Youth Aid Officer – contact your local police station