

Hearing checks  
helped me  
to hear again



If you, or someone you care about  
has a hearing loss, visit [nfd.org.nz](http://nfd.org.nz)

A white, handwritten signature of Lance Cairns on a red background. The signature is stylized and cursive, written in a fluid, continuous motion.

Lance Cairns  
Cricketing Legend

**NFD** *The National  
Foundation for  
the Deaf Inc.*  
Ka whakapapa ka whakapiri ka tutuki  
Communicating, living, achieving

**Hearing Week**  
25-31 March 2013

Phone **0900 666 20** to donate \$20 or donate at [nfd.org.nz](http://nfd.org.nz)